

**Elementary Schools**  
**2020 Healthy Lungs Tri-Fold Poster Contest**  
**School Level Judging Deadline: TBD by each school**  
**District Level Deadline : April 7th, 2020**

( Organized by : Farmington Area PTA Council  
Farmington Youth Assistance  
Farmington/Farmington Hills Optimist Club )

**Rules and Guidelines**

## **Win \$500 for your school!**

**Overview:**

How do your lungs work? Why are healthy lungs important? What keeps them strong? We are looking for elementary students in Farmington Public Schools to let us know all about healthy lungs in our tri-fold poster contest! The winning entry will receive a \$500 grant for a community project through your school.

**Prizes:**

- The 1st place winner at the district levels wins \$500 for their school. The winning individual or team will work with the school's Junior Optimist Club or PTA to create a vision and implement the project.
- The top three entries placing at the district level of judging will receive a medal.
- All entries will receive a certificate of participation.

**What to know:**

This contest is open to all Farmington Public Schools students in grades K-5. The tri-fold poster can be created by an individual student or a team. For team entries there should be one parent designated as the leader/contact person for that team.

All entries must have a submission form (see below) attached to the back of the tri-fold board.

Tri-fold boards will be provided and delivered to school offices on Feb. 7th.

In schools with a Junior Optimist Club, entries can be worked on during club meetings and that information will be communicated by the JO Club. All students are welcome to participate even if they aren't a current member of the club. In schools without a Junior Optimist Club, entries can be worked on in coordination with the school's PTA and that information will be communicated by the PTA.

Each school will collect entries and have initial judging through the JO or PTA. The top entry from each school will move on to the district level for final judging.

## Resources:

Healthy Lung Curriculum for Elementary School

[https://www.activebeat.com/your-health/12-tips-for-building-stronger-healthier-lungs/?utm\\_pagetype=long](https://www.activebeat.com/your-health/12-tips-for-building-stronger-healthier-lungs/?utm_pagetype=long)

<https://www.education.com/lesson-plan/respiratory-system/>

Pre K- 2 grade

<https://classroom.kidshealth.org/classroom/prekto2/body/systems/respiratory.pdf>

Kindergarten

<https://www.uen.org/preventiondimensions/downloads/lessons/kindergarten/Lesson14-HealthyLungs.pdf>

## Judging Rubric for Tri-fold Poster Contest:

1. Interpretation of Theme (10 pts.)
2. Originality ( 10 pts.)
3. Creativity/ (10 pts.)
4. Impact/Overall Message (10 pts.)
5. Technique (10 pts.)

## Junior Optimist Club and PTA leaders:

For questions regarding this contest, please please contact Triman Jagdev at [triman\\_jagdev@yahoo.com](mailto:triman_jagdev@yahoo.com) .

Please determine a deadline for your school level judging and communicate that with families. Allow enough time to complete your judging and deliver the 1st place entry for district judging no later than April 7th, 2020.

For more information on running this contest: <http://bit.ly/HealthyLungsContestDocumentsForLeaders>



**School Level Judging Deadline: TBD by each school**

**Final District Submissions due: April 7, 2020.**

**Winners to be announced: May 1,2020**

For any questions, please contact Triman Jagdev at [triman\\_jagdev@yahoo.com](mailto:triman_jagdev@yahoo.com)

**FPS Elementary Schools**  
**2020 Healthy Lungs Tri-Fold Poster Contest**  
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## ENTRY FORM

Student name: \_\_\_\_\_

School name: \_\_\_\_\_

Team name, if part of a team: \_\_\_\_\_

Team leader name, if part of a  
team: \_\_\_\_\_

Parent name: \_\_\_\_\_

Parent contact email: \_\_\_\_\_

Parent consent: I agree that my child may participate in the Healthy Lungs Tri-fold Poster Contest and the entry may be displayed publicly by the contest sponsors, the Farmington Area PTA Council, Farmington Youth Assistance and the Farmington Optimist Club, even if it is not selected for a prize. Public display of the tri-fold poster may include displaying the tri-fold in the FPS district and local events. I understand that my signature on this release constitutes my consent and permission for the poster to be used and that no payment or further consent or permission will be required.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

**A copy of this completed form must be attached to the back of the tri-fold poster**

