Club members, Jr. Optimist leaders and District Officers are bcc'd this note. Editor, Tom Neal

Sunnyside Newsletter Feb. 19, 2024

Farmington Hills Breakfast Optimist Club

"<u>We provide hope and a positive vision</u>, as we bring out the best in our youth, our communities, and ourselves."

Make Your Friends Feel Appreciated

This Week is Our Monthly Business Meeting

We will talk about the many projects we have going and what the Nominating Committee is looking for this April. It is a chance to learn what we do and make comments and ask questions. What are some of the things we are doing you can lend a helping hand. See you at 7:30am this Wednesday at the church.

Oratorical Contest is Set for March 13 at 7:15am

Contestants will speak on the topic "How to Change the World with Optimism". Can you imagine what you would say to compete in this contest?! Winners go to Area and District competition and then District winner will go to the World Oratorical competition in St. Louis, Missouri on July 19th. First place at World's earns a \$22,000 scholarship.

St. Patrick's Day Fundraiser for CHW March 21st

This is a fun and spectacular way to enjoy dinner at The Pines Restaurant with live music for a good cause... the Childhood Health and Wellness Grant Program for the Michigan District. (By the way, we have applied for a \$500 grant from this Program for our Jr. Optimist Video Contest.)

FPS Jr. Optimist Program Registration through 2/9/24: Total 216

Farmington HS	32	North Farmington HS	23
Power MS	10	Beechview	47
STEAM Academy	11	Hillside	8
Gill ES	27	Forest	5

Farmington/Farmington Hills Breakfast Optimist Club

Warner	2	Longacre	26	
Lanigan	21	East	4	

5 Ways to Scale Back on Social Media

- 1. Craft a tech intentions list
- 2. Set specific goals or boundaries
- 3. Go on an unfollowing spree
- 4. Make a list on non-tech activities you enjoy
- 5. Take a social media sabbatical

(Taken from Time Magazine article.)

Optimist International Foundation

A great first step for each and every Optimist club member is to commit to the Dime-A-Day program - a simple \$36.50 a year donation to the Foundation provides great support in many ways. Surely you can afford a Dime A Day for the kids! See attached application. (We have applied for a \$500 grant from this foundation.)

SEEKING NOMINATIONS FOR OUTSTANDING VOLUNTEER AWARDS

The Farmington Area Commission on Aging is seeking nominations for their Annual Volunteer Recognition Program. The Margaret Loridas Diamond Award for those 75 & Better and the Gold Award for those 50 & Better. Candidates must be active volunteers providing community service in the Farmington area. The Commission on Aging will be recognizing a community based organization or business which goes above and beyond to serve the older adults of Farmington and Farmington Hills with the Community Commitment Award.

The City of Farmington Hills Special Services Adults 50 & Better and the Commission on Aging is also seeking nominations for the Volunteer of the Year Awards. Nominees must be active volunteers in programs offered through the Adults 50 & Better Division.

Nomination forms are available at the Costick Center and online at www.fhgov.com and https://www.facoa.org/. Citizens are encouraged to submit nominations to be considered for these prestigious awards. All nominations must be received by February 23. Awards will be presented at our Volunteer Recognition. Anyone may submit a nomination. The annual volunteer breakfast held in the spring is always a special event attended by more than 250 volunteers and honored guests.

For questions, please call Anna at 248 473-1822.

f2hoptimists.org [new members can join on front page of Website: website.] Contact Club President, Alvin Lynn: lynnalvin256@gmail.com with suggestions.

Farmington/Farmington Hills Breakfast Optimist Club

Facebook: Farmington/Farmington Hills Optimist Club

Calendar

Feb	14*	Essay Awards program
Feb	21*	Business Meeting
Feb	28*	Dan Layman, Blood Cancer Foundation
Mar	13*	Oratorical Contest
Mar	20*	Business Meeting
Mar	21	St. Patrick's Day Fundraiser @ Pines Restaurant
Mar	27*	Respect for Fire
Apr	17*	Leadership Awards

^{* 7:30}am-8:30am at First Presbyterian Church of Farmington.

SNOW/INCLEMENT WEATHER MEETING POLICY: Current Club policy is if the Farmington Public Schools are closed, there is NO IN-PERSON MEETING: If schools are closed, Tom Neal will email members with link for zoom meeting that will replace the in-person meeting.

Birthdays

February

08 – Alvin Lynn

09 - Diane Bauman

March

05 - Diane Eklov

11 - Anna Durham

19 - Gary Mekjian

21 – Jim Walker

29 - Doug Edwards

Attachments:

Newsletter PDF

Dime-A-Day Application

St. Patrick's Day Fundraiser

St. Patrick's Day Registration form

Oratorical Flyer PDF

Farmington/Farmington Hills Breakfast Optimist Club





Dime-A-Day

ptimist International and Optimist International Foundation coexist as two separate organizations that support each other. Optimist International Foundation is the fundraising arm of Optimist International, and works to develop funds to support the endeavors of Optimist International and its mission.

> When Members and Clubs make a contribution to support Optimist International Foundation, they are, with that gift, supporting Optimist International itself and themselves as a Club as well.

With just one dime a day, you can become part of the movement of "Helping Optimists Help Kids" and become part of a large group of Foundation supporters who realize what a difference they make every day in the lives of children. Would you consider making a gift of just a dime a day to assist the charitable work of Optimist International?

The Dime-A-Day level is reached by a contribution of \$36.50 to the Foundation within one Optimist Year, and is recognized by the presentation of a pin.

Building a future where every kid counts Can you spare a dime a day?

□ Sign m	ne up! Please accept my \$	donation.	(Enclose check, preferencing "D					
☐ Sign m	e up! Please accept my \$	donation.	Charge my	1 _{MC}	\square_{Visa}	Discover	☐ American Expres	s
Account	#	_ Exp/	_ Signature:				Security Code	-
☐ Sign m	ne up! Please deduct \$3.05 per m	onth from my ch	ecking account.					
	Checking account number:				(F	lease includ	e a copy of a voided	(check
Name				_Email_				<u></u>
(Club Number		Member Number_					
Address _								
(City	_State	ZIP					PRP



Registration Form

St. Patrick's Day Dinner

DEADLINE FOR RESERVATIONS 3/15/2024

Please email registration form as soon as possible. roxfitzpatrick@gmail.com Please make payment via Venmo or mailed check to info below before March 15th.

NAME(S)	EMAIL	PHONE	DIETARY RESTRICTIONS	\$50 PER PERSON
		,		
		-	TOTAL	
# of People seated together				
	T	T	1	
PAYMENT RECEIVED DATE	Venmo	check#		

Please make check payable to: Michigan District Optimists with CHW in the memo Mail Check and registration form before March 12th to: Roxanne Fitzpatrick, MI CHW Chair 30255 Fiddlers Green Farmington Hills, MI 48334

Optimist Club Seeks Student Speakers

The Farmington-Farmington Hills Breakfast Optimist Club is accepting student applications for the 2024 Earl Friedman Oratorical Contest. The competition challenges students to write and deliver an original speech on optimism.

Topic for the 2024 contest: "How to Change the World with Optimism"

The contest is set for the morning of Wednesday, March 13, 2024, 7:15 a.m. at:

First Presbyterian Church of Farmington

26165 Farmington Rd.

Farmington Hills, MI 48334

Monetary prizes of \$250, \$200, and \$150 will be awarded to first-, second-, and third-place winners. The first-place speaker will continue to the district level of competition. Certificates of participation will be given to all contestants. Parents and guests are welcome to attend the contest. For further information, contact Jill O'Hara at the email address below.

Application forms and full contest details are available at www.optimist.org/scholarships

Scroll down below the video and select the "Contest Application" button. The application includes the Official Rules. Keep the lower portion of the application to refer to the Official Rules. Documents are also available at: f2hoptimists.org. All speeches will be spoken in English.

Application deadline is Friday, March 1, 2024, at midnight.

Mail to: Jill O'Hara, Optimist Oratorical Contest Chair

P.O. Box 2203,

Farmington Hills, MI 48333-2203

Or email to: Jill O'Hara at oharajill@yahoo.com.

Special Notes:

The contest is open to all contestants under the age of 19 as of October 1, 2024. Contestants must be educated in the United States, Canada, or the Caribbean. A copy of the <u>contestant's speech</u> **and** a <u>birth certificate</u> **or** <u>passport</u> must be presented at the time of the contest.

We reserve the right to cut off registration when capacity is reached.