

Club members, Jr. Optimist leaders and District Officers are bcc'd this note. Editor, Tom Neal

## Sunnyside Newsletter Feb. 26, 2024

### Farmington Hills Breakfast Optimist Club

*"We provide hope and a positive vision, as we bring out the best in our youth, our communities, and ourselves."*

## Press on to the Greater Achievements

### This Week We Learn about Blood Cancer Foundation

Our speaker this week is Dan Layman. He will be speaking about the Blood Cancer Foundation. He was recommended by Susan Walker. See you at 7:30am this Wednesday at the church.

### Oratorical Contest is Set for March 13 at 7:15am

Contestants will speak on the topic **"How to Change the World with Optimism"**. Can you imagine what you would say to compete in this contest?! Winners go to Area and District competition and then District winner will go to the World Oratorical competition in St. Louis, Missouri on July 19<sup>th</sup>. First place at World's earns a \$22,000 scholarship. Go to [www.optimist.org/scholarships](http://www.optimist.org/scholarships) for application. Deadline to submit application is **March 1**.

### Berry/Kauffold Music Scholarship 2024

The Berry/Kauffold Scholarship is designed to help students further their music education. The purpose of our scholarship is to provide monetary incentives to musically talented high school students. The money can be used to purchase/lease new or upgraded instrument(s) or to offset expenses for band camp or for private instrumental instruction from a qualified teacher or program.

The award of scholarship support is based upon completion of the application and the recommendation forms and a 2-to-5 minute video/audio file. Through this program, winners will be awarding \$2000 to deserving high school students in Michigan.

## Farmington/Farmington Hills Breakfast Optimist Club

Application and reference forms are due by **April 15**, 2024.  
Student Application and Reference form at:

[michiganoptimists.org/berry-and-Kauffold-scholarship/](http://michiganoptimists.org/berry-and-Kauffold-scholarship/)

### **St. Patrick's Day Fundraiser for CHW March 21<sup>st</sup>**

This is a fun and spectacular way to enjoy dinner at The Pines Restaurant with live music for a good cause... the Childhood Health and Wellness Grant Program for the Michigan District. (By the way, we have applied for a \$500 grant from this Program for our Jr. Optimist Video Contest.)

### **FPS Jr. Optimist Program**

#### **Registration through 2/9/24:**

**Total 216**

Farmington HS	32	North Farmington HS	23
Power MS	10	Beechview	47
STEAM Academy	11	Hillside	8
Gill ES	27	Forest	5
Warner	2	Longacre	26
Lanigan	21	East	4

### **5 Ways to Scale Back on Social Media**

1. Craft a tech intentions list
2. Set specific goals or boundaries
3. Go on an unfollowing spree
4. Make a list on non-tech activities you enjoy
5. Take a social media sabbatical

(Taken from Time Magazine article.)

### **Optimist International Foundation**

A great first step for each and every Optimist club member is to commit to the Dime-A-Day program – a simple **\$36.50 a year donation** to the Foundation provides great support in many ways. Surely you can afford a Dime A Day for the kids! See attached application. (We have applied for a \$500 grant from this foundation.)

**Website:** [f2hoptimists.org](http://f2hoptimists.org) [new members can join on front page of website.] Contact Club President, Alvin Lynn: [lynnalvin256@gmail.com](mailto:lynnalvin256@gmail.com) with suggestions.

## Farmington/Farmington Hills Breakfast Optimist Club

**Facebook:** Farmington/Farmington Hills Optimist Club

### Calendar

Feb 28*	Dan Layman, Blood Cancer Foundation
Mar 6	Board of Directors Zoom Meeting
Mar 13*	Oratorical Contest
Mar 20*	Business Meeting
Mar 21	St. Patrick's Day Fundraiser @ Pines Restaurant
Mar 27*	Respect for Fire
Apr 3	Board of Directors zoom meeting
Apr 10	Club Business Meeting
Apr 17*	Leadership Awards
Apr 24*	Don Fernon, Masons Post 151

\* 7:30am-8:30am at First Presbyterian Church of Farmington.

**SNOW/INCLEMENT WEATHER MEETING POLICY:** Current Club policy is if the Farmington Public Schools are closed, there is NO IN-PERSON MEETING: If schools are closed, Tom Neal will email members with link for zoom meeting that will replace the in-person meeting.

### Birthdays

#### March

05 – Diane Eklov  
11 – Anna Durham  
19 – Gary Mekjian  
21 – Jim Walker  
29 – Doug Edwards

### Attachments:

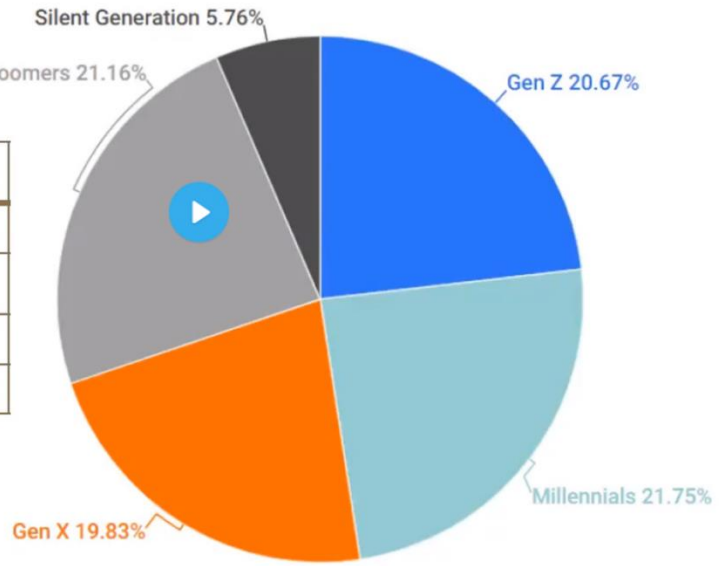
Newsletter PDF  
Dime-A-Day Application  
St. Patrick's Day Fundraiser  
St. Patrick's Day Registration form  
Oratorical Flyer PDF

# Farmington/Farmington Hills Breakfast Optimist Club



## SHARE OF US POPULATION BY GENERATION

Generation	Population	OI Membership
Silent	5.76%	22%
Baby Boomers	21.16%	40%
Gen X	19.83%	23%
Millennials	21.75%	15%



# Farmington/Farmington Hills Breakfast Optimist Club

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GENERATIONAL STYLE

## Generational Cohorts – How to Communicate With Them

### Traditionals/ Veterans/Builders (Pre 1946)

1. Use plain language to specify what, where and when
2. Ensure that your deeds match your words
3. Be specific in communications (written communication often works best)
4. Use more formal language in general
5. Be as short and to the point as possible



Clarify

### Baby Boomers 1946-1961

1. Explain how and why in communication
2. Be open and as direct as possible in conversations
3. Answer questions they ask fully
4. Use straightforward 'no frills' language wherever you can
5. Be goal/outcomes oriented in your communications



Challenge

### Generation X/Busters 1962-1977

1. Try to communicate in their language and at their pace
2. Break up communication messages into short "sound bytes"
3. Tell it as it is, and do not prevaricate
4. Invite feedback from them on what you are saying often
5. Listen far more than you talk



Connect

### Nexters/Gen Y/ Millenniums 1978-1993

1. Use primarily visual language where possible
2. Use action verbs to create challenges in your communications with them
3. Talk to them as equals
4. Use humor and irony where you can in conversations
5. Aim to be informal and relaxed when communicating



Captivate



# Dime-A-Day

**O**ptimist International and Optimist International Foundation coexist as two separate organizations that support each other. Optimist International Foundation is the fundraising arm of Optimist International, and works to develop funds to support the endeavors of Optimist International and its mission.

When Members and Clubs make a contribution to support Optimist International Foundation, they are, with that gift, supporting Optimist International itself and themselves as a Club as well.

With just one dime a day, you can become part of the movement of "Helping Optimists Help Kids" and become part of a large group of Foundation supporters who realize what a difference they make every day in the lives of children.

Would you consider making a gift of just a dime a day to assist the charitable work of Optimist International?

The Dime-A-Day level is reached by a contribution of \$36.50 to the Foundation within one Optimist Year, and is recognized by the presentation of a pin.

Building a future where every kid counts  
Can you spare a **dime a day?**

Sign me up! Please accept my \$ \_\_\_\_\_ donation. *(Enclose check, payable to Optimist International Foundation, referencing "Dime-A-Day" in the memo section.)*

Sign me up! Please accept my \$ \_\_\_\_\_ donation. Charge my  MC  Visa  Discover  American Express

Account # \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_ Signature: \_\_\_\_\_ Security Code \_\_\_\_\_

Sign me up! Please deduct \$3.05 per month from my checking account.

Checking account number: \_\_\_\_\_ *(Please include a copy of a voided check)*

Name \_\_\_\_\_ Email \_\_\_\_\_

Club Number \_\_\_\_\_ Member Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_





JOIN THE MICHIGAN OPTIMISTS  
FOR A FUN AND SPECTACULAR

*Saint Patrick's Day Fundraiser*

MARCH 21ST

7:00-9:30 PM

PINES RESTAURANT

AT THE FARMINGTON HILLS GOLF CLUB  
37777 11 MILE CT. FARMINGTON HILLS

Enjoy: Shepherd's Pie,  
Corned Beef & Cabbage, a  
Vegetarian Option, and more Plus  
Non-alcoholic beverages

Cash Bar, Raffles,  
& Live Music!

\$50 Per Person

Complete the attached registration form and email or  
mail it to: [roxfitzpatrick@gmail.com](mailto:roxfitzpatrick@gmail.com)  
Roxanne Fitzpatrick 30255 Fiddlers Green  
Farmington Hills , MI 48334  
Mail check with application or  
Venmo to @roxanne-fitzpatrick

Thank you for supporting the Michigan Optimist  
Childhood Health & Wellness grant program.

Registration Form  
**St. Patrick's Day Dinner**

**DEADLINE FOR RESERVATIONS 3/15/2024**

Please email registration form as soon as possible. roxfitzpatrick@gmail.com

Please make payment via Venmo or mailed check to info below before March 15th.

NAME(S)	EMAIL	PHONE	DIETARY RESTRICTIONS	\$50 PER PERSON

TOTAL	
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# of People seated together	
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PAYMENT RECEIVED DATE	Venmo	check #
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Please make check payable to: Michigan District Optimists with CHW in the memo  
 Mail Check and registration form before March 12th to:  
 Roxanne Fitzpatrick, MI CHW Chair  
 30255 Fiddlers Green  
 Farmington Hills, MI 48334



# Optimist Club Seeks Student Speakers

The Farmington-Farmington Hills Breakfast Optimist Club is accepting student applications for the 2024 Earl Friedman Oratorical Contest. The competition challenges students to write and deliver an original speech on optimism.

**Topic for the 2024 contest: “How to Change the World with Optimism”**

The contest is set for the morning of Wednesday, March 13, 2024, 7:15 a.m. at:  
First Presbyterian Church of Farmington  
26165 Farmington Rd.  
Farmington Hills, MI 48334

Monetary prizes of \$250, \$200, and \$150 will be awarded to first-, second-, and third-place winners. The first-place speaker will continue to the district level of competition. Certificates of participation will be given to all contestants. Parents and guests are welcome to attend the contest. For further information, contact Jill O’Hara at the email address below.

Application forms and full contest details are available at  
[www.optimist.org/scholarships](http://www.optimist.org/scholarships)

Scroll down below the video and select the “Contest Application” button. The application includes the Official Rules. Keep the lower portion of the application to refer to the Official Rules. Documents are also available at: [f2hoptimists.org](http://f2hoptimists.org). All speeches will be spoken in English.

Application deadline is Friday, March 1, 2024, at midnight.

Mail to: Jill O’Hara, Optimist Oratorical Contest Chair  
P.O. Box 2203,  
Farmington Hills, MI 48333-2203

Or email to: Jill O’Hara at [oharajill@yahoo.com](mailto:oharajill@yahoo.com).

**Special Notes:**

The contest is open to all contestants under the age of 19 as of October 1, 2024. Contestants must be educated in the United States, Canada, or the Caribbean. A copy of the contestant’s speech **and** a birth certificate **or** passport must be presented at the time of the contest.

We reserve the right to cut off registration when capacity is reached.