

Club members, Jr. Optimist leaders and District Officers are bcc'd this note. Editor, Tom Neal

Sunnyside Newsletter Feb. 5, 2024

Farmington Hills Breakfast Optimist Club

"We provide hope and a positive vision, as we bring out the best in our youth, our communities, and ourselves."

Give Someone a Smile Today

Last Week's Meeting Featured YMCA Livestrong Program

Rebecca Baizas, YMCA Assoc. Dir., described this excellent program that helps Cancer Survivors rehabilitate their lives. They provide a 12-week program. This is a scholarship program for participants that provides a free family membership for the 12-week period.

This Week is the Board Meeting via Zoom Feb. 7 @ 7:15am

If you have questions or concerns you want the Board to discuss, contact President Alvin Lynn (lynnavalvin256@gmail.com).

Michigan District Zoom 2nd Quarter Conference Report

- 40 clubs from the Michigan District had at least one member attend. There are a total 84 clubs with a total of 2,261 members in Michigan.
- Our club had 8 members attending the morning event.
- Attached is a PowerPoint of notes from the event.

FFH Optimist Facebook Page

Alvin requests we invite our readers/members to like, comment, and share our Facebook page. This is the link: <https://www.facebook.com/FarmingtonFarmingtonHillsOptimistClub/> which is direct to our page. **Like, Comment, and Share** with your friends. If you haven't visited our website lately, give it a look and let editor know what you think.

Check out the **Central Macomb Optimist Club Michigan USA** Facebook page. Click on their "About" tab to see how they present their club to all who access their club.

Farmington/Farmington Hills Breakfast Optimist Club

Michigan Honor Clubs in 2022-2023

17267 BFT – Mason, MI

17425 Flint – West, MI

17234 Grosse Pointe – Lakeshore, MI

St. Patrick's Day Fundraiser for CHW March 21st

This is a fun and spectacular way to enjoy dinner at The Pines Restaurant with live music for a good cause... the Childhood Health and Wellness Grant Program for the Michigan District. (By the way, we have applied for a \$500 grant from this Program for our Jr. Optimist Video Contest.)

POWER of the Optimist Creed...

"Forget the mistakes of the past and press on..."

- We all make mistakes
- 'Trial and Error' is a basic problem-solving technique
- "Never venture, never gain."
- Learn and press on to the greater achievements of the future!
- Reciting the Creed at the beginning or end of a meeting helps set the tone of optimism for the day.

Club Member and Friends Joys and Concerns

❖ *If you have joys or concerns to share with the club, please let Editor Tom know.*

FPS Jr. Optimists

Registration through 12/28/23: Total **212**

Farmington HS	30	North Farmington HS	21
Power MS	10	Beechview	47
STEAM Academy	11	Hillside	8
Gill ES	27	Forest	5
Warner	2	Longacre	26
Lanigan	21	East	4

Optimist International Foundation

Farmington/Farmington Hills Breakfast Optimist Club

The Foundation is an excellent way to help provide support for scholarships programs and activities for youth. A great first step for each and every Optimist club member is to commit to the Dime-A-Day program – a simple **\$36.50 a year donation** to the Foundation provides great support in many ways. Surely you can afford a Dime A Day for the kids! See attached application. We have applied for a \$500 grant from this foundation.

Website: f2hoptimists.org [new members can join on front page of website.] Contact Club President, Alvin Lynn: lynnalvin256@gmail.com with suggestions.

Facebook: Farmington/Farmington Hills Optimist Club

Calendar

Feb 7	Board Meeting via Zoom
Feb 14*	Essay Awards program
Feb 21*	Business Meeting
Feb 28*	Dan Layman, Blood Cancer Foundation
Mar 13*	Oratorical Contest
Mar 20*	Business Meeting
Mar 21	St. Patrick's Day Fundraiser @ Pines Restaurant
Mar 27*	Respect for Fire
Apr 17*	Leadership Awards

* 7:30am-8:30am at First Presbyterian Church of Farmington.

SNOW/INCLEMENT WEATHER MEETING POLICY: Current Club policy is if the Farmington Public Schools are closed, there is NO IN-PERSON MEETING: If schools are closed, Tom Neal will email members with link for zoom meeting that will replace the in-person meeting.

Birthdays

February

08 – Alvin Lynn

09 – Diane Bauman

Attachments:

Newsletter PDF

Dime-A-Day Application

Farmington/Farmington Hills Breakfast Optimist Club

St. Patrick's Day Fundraiser
St. Patrick's Day Registration form
2nd Quarter Conference Zoom PDF

<https://optimist.org/images/marketing/Be%20An%20Optimist%2002.mp4>





Dime-A-Day

Optimist International and Optimist International Foundation coexist as two separate organizations that support each other. Optimist International Foundation is the fundraising arm of Optimist International, and works to develop funds to support the endeavors of Optimist International and its mission.

When Members and Clubs make a contribution to support Optimist International Foundation, they are, with that gift, supporting Optimist International itself and themselves as a Club as well.

With just one dime a day, you can become part of the movement of "Helping Optimists Help Kids" and become part of a large group of Foundation supporters who realize what a difference they make every day in the lives of children.

Would you consider making a gift of just a dime a day to assist the charitable work of Optimist International?

The Dime-A-Day level is reached by a contribution of \$36.50 to the Foundation within one Optimist Year, and is recognized by the presentation of a pin.

Building a future where every kid counts
Can you spare a **dime a day?**

Sign me up! Please accept my \$ _____ donation. *(Enclose check, payable to Optimist International Foundation, referencing "Dime-A-Day" in the memo section.)*

Sign me up! Please accept my \$ _____ donation. Charge my MC Visa Discover American Express

Account # _____ Exp. ____/____ Signature: _____ Security Code _____

Sign me up! Please deduct \$3.05 per month from my checking account.

Checking account number: _____ *(Please include a copy of a voided check)*

Name _____ Email _____

Club Number _____ Member Number _____

Address _____

City _____ State _____ ZIP _____





JOIN THE MICHIGAN OPTIMISTS
FOR A FUN AND SPECTACULAR

Saint Patrick's Day Fundraiser

MARCH 21ST

7:00-9:30 PM

PINES RESTAURANT

AT THE FARMINGTON HILLS GOLF CLUB
37777 11 MILE CT. FARMINGTON HILLS

Enjoy: Shepherd's Pie,
Corned Beef & Cabbage, a
Vegetarian Option, and more Plus
Non-alcoholic beverages

Cash Bar, Raffles,
& Live Music!

\$50 Per Person

Complete the attached registration form and email or
mail it to: roxfitzpatrick@gmail.com

Roxanne Fitzpatrick 30255 Fiddlers Green
Farmington Hills , MI 48334

Mail check with application or
Venmo to @roxanne-fitzpatrick

Thank you for supporting the Michigan Optimist
Childhood Health & Wellness grant program.

Registration Form
St. Patrick's Day Dinner

DEADLINE FOR RESERVATIONS 3/15/2024

Please email registration form as soon as possible. roxfitzpatrick@gmail.com

Please make payment via Venmo or mailed check to info below before March 15th.

NAME(S)	EMAIL	PHONE	DIETARY RESTRICTIONS	\$50 PER PERSON

TOTAL	
-------	--

# of People seated together	
-----------------------------	--

PAYMENT RECEIVED DATE	Venmo	check #
-----------------------	-------	---------

Please make check payable to: Michigan District Optimists with CHW in the memo
 Mail Check and registration form before March 12th to:
 Roxanne Fitzpatrick, MI CHW Chair
 30255 Fiddlers Green
 Farmington Hills, MI 48334

A decorative graphic on the left side of the slide features a white background with a light gray grid. It is adorned with colorful streamers in red, yellow, and green, and several red and yellow striped party hats. The text 'MEMBER ENGAGEMENT MATTERS' is centered in a bold, black, sans-serif font.

MEMBER ENGAGEMENT MATTERS

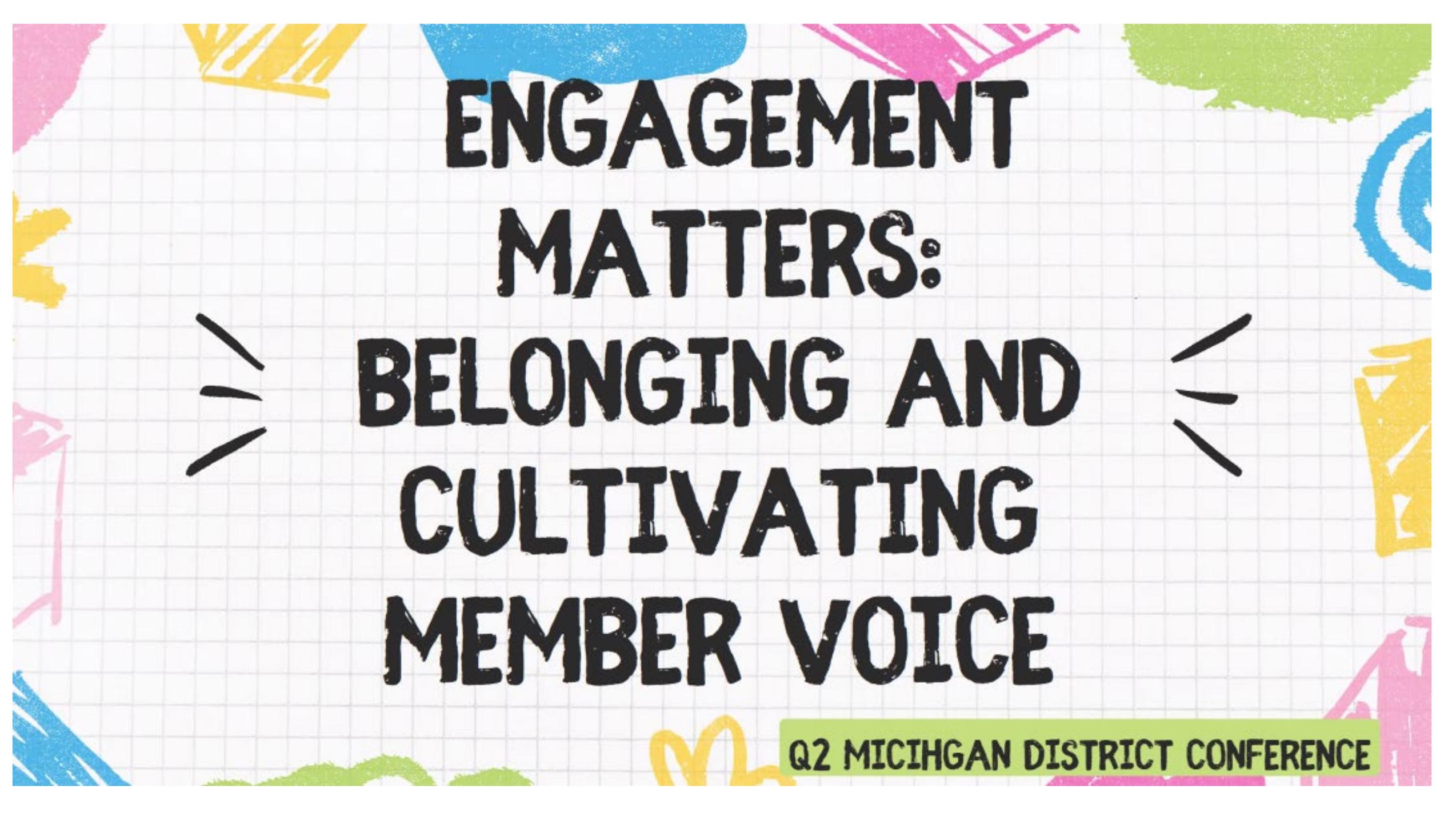
Engaged Optimists are Inspired by our Purpose and our Creed

Engaged Optimists Communicate Often and in Multiple Ways

Engaged Optimists Want to Help In Specific, Actionable Ways →

Engaged Optimists are Connected to One Another and the Community

Engaged Optimists are Recognized and Celebrated



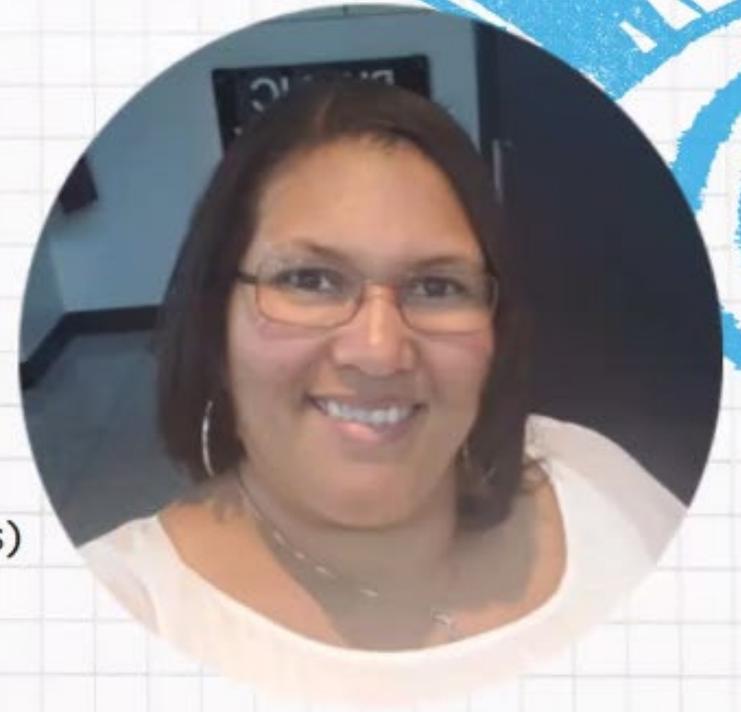
**ENGAGEMENT
MATTERS:
BELONGING AND
CULTIVATING
MEMBER VOICE**

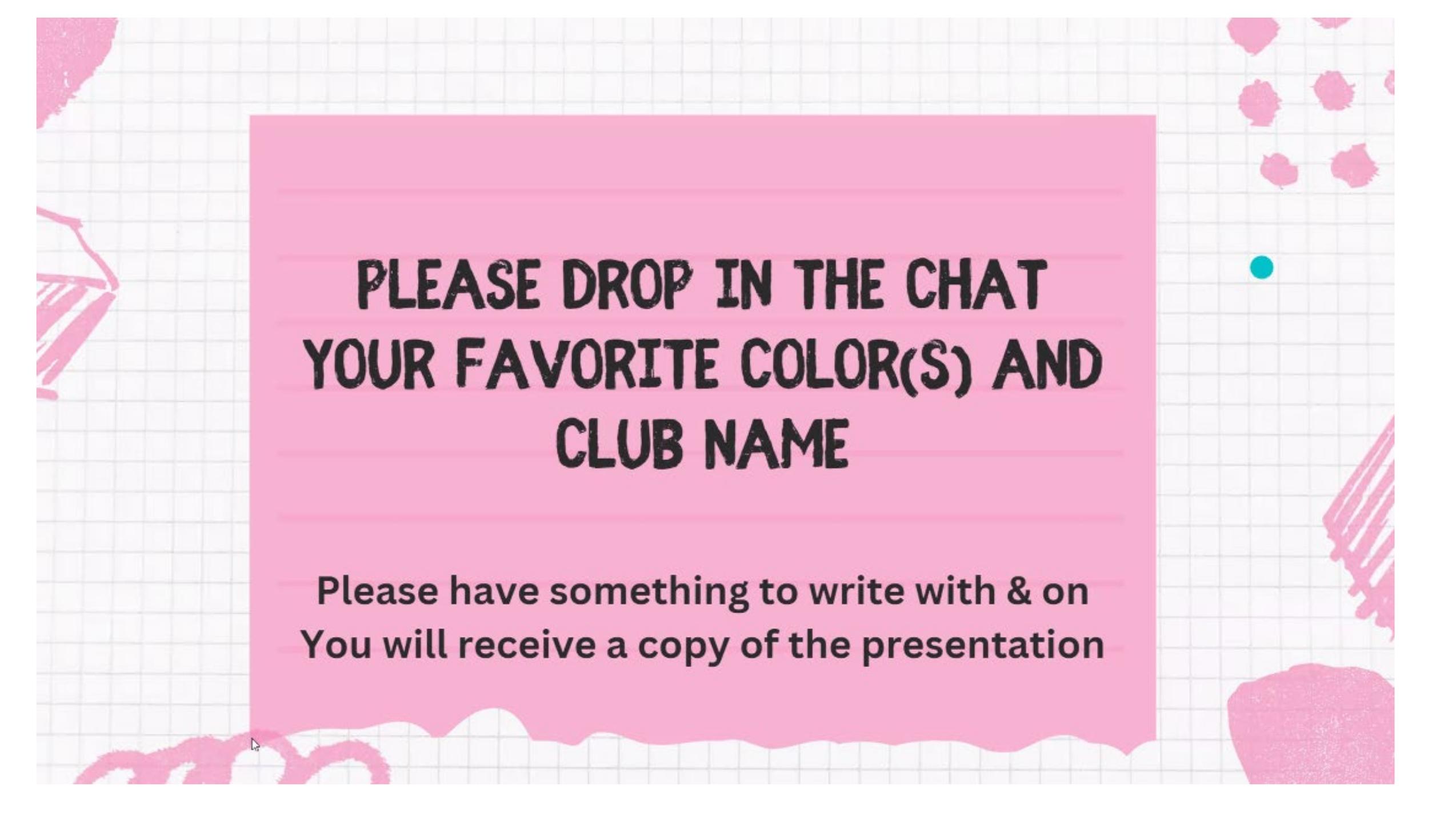
Q2 MICHIGAN DISTRICT CONFERENCE

STACY S. JACKSON

MEET YOUR CONFERENCE & CONVENTION CHAIR

- Original 1980's latchkey kid
- My 85 year old Mother lives with
- Married 7 years together 8 years
- 2 Adult Children (and most of their friends basically lived with us)
- 3 Grand Daughters (4 yrs, 3 yrs & 8 months)
- 40+ years career experience
- Serve on the board for 5 youth serving organizations
- BAS degree from Davenport University in Accounting
- Certifications as a School Age Program Director, Trauma Informed Practitioner in Education, Weikart YPQA & SEL Methods Trainer, Restorative Practices in Classrooms Practitioner and Kolbe Consultant
- My favorite color is Royal Blue and I am a member of another 100+ year organization, Zeta Phi Beta Sorority, Incorporated, founded on the campus of Howard University January 16, 1920





**PLEASE DROP IN THE CHAT
YOUR FAVORITE COLOR(S) AND
CLUB NAME**

**Please have something to write with & on
You will receive a copy of the presentation**



BELONGING

Belonging is a fundamental human need, and it plays a critical role in the development and well-being of young people. When youth feel a sense of belonging, they are more likely to thrive academically, socially, and emotionally. Let's come together to discuss some of the ways we can assist in offering youth a sense of belonging.

YOUTH DRIVEN DEFINITION

FROM KYD NETWORK
IN KALAMAZOO

When I belong, my racial, cultural and interesting identities are welcomed, valued, represented and celebrated. When I belong, I feel motivated to be and to do my personal best.

CASEL

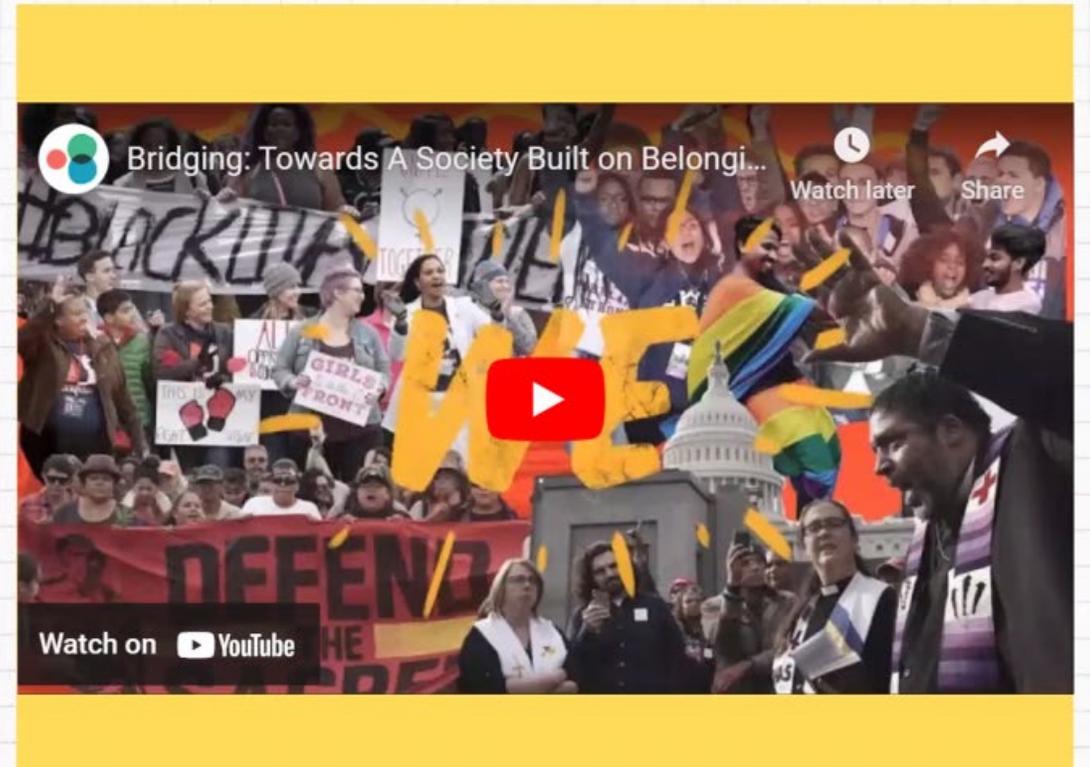
Self-Awareness
Relationship Skills
Responsible Decision Making

Hello Insight

BREAKING & BRIDGING PALETTE

BRIDGING: TOWARDS A SOCIETY BUILT ON BELONGING

- A) WHAT DO YOU SEE,
HEAR, THINK?
- B) WHAT DO YOU FEEL?
- C) WHAT DO YOU WONDER?



Bridging Discussion

- Mary Fezell 9:29 AM
black and white
- Harry Margo 9:29 AM
BLACK
- Cheryl Neason 9:29 AM
Hartford Community Optimist -Green
- Sandy weir 9:29 AM
Blue mecosta county optimist
- carmen 9:29 AM
Breakfast Optimist Club of Kalamazoo
- Michael Schichtel 9:29 AM
mike blue Mount Clemens Optimist Club
- Jeanette Meyer 9:29 AM
Jeanette Meyer BOCK Turquoise and yellow and green and red and okay, all the colors
- cheryl 9:29 AM
Cheryl, Plymouth Canton Optimist Club favorite color Blue
- Molly Eklund-Easley 9:29 AM
Optimist Club of Southfield - Lathrup Village - Mauve (for marvelous) Molly Eklund-Easley
- Lou Moss 9:29 AM
Lou Moss - Clinton Township Area Optimist Club - Purple

Who can see your messages?

To: diane (Direct Message)
Message Q2 Michigan District Conference



CONSIDER . . .

**WHAT USUALLY KEEPS US FROM
BELONGING/BRIDGING?**

**WHO MIGHT YOU WANT TO
BRIDGE/CONNECT WITH SOON?**

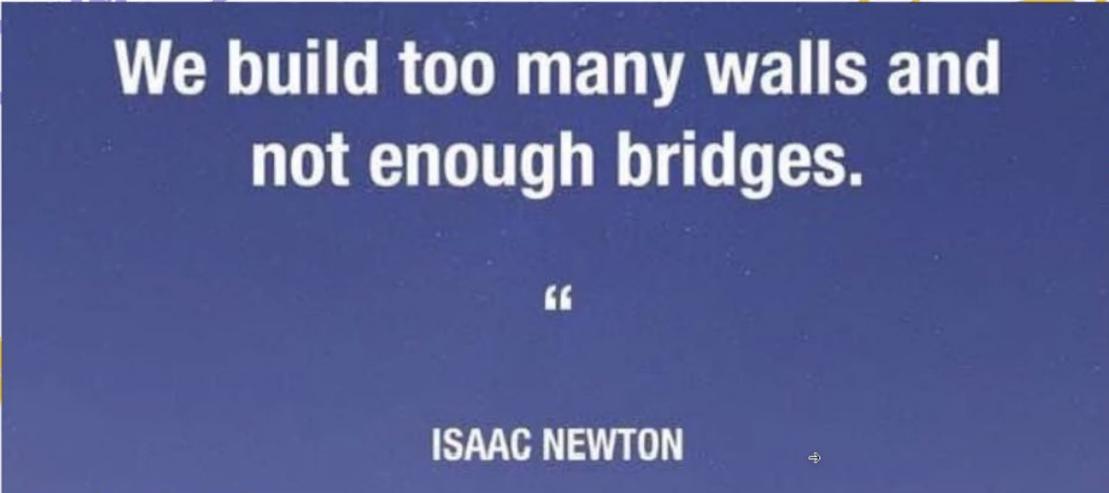
RETURN TO BELONGING

FUNDAMENTAL HUMAN NEED

I applied several strategies to this presentation to develop belonging, online within a short window of time.

Can anyone list any of the ways I used to create a space for belonging?





**We build too many walls and
not enough bridges.**

“

ISAAC NEWTON

**Poem about Bridging by Diane Eklov
She read it at the end of presentation.**

Fun during the break!

12 ILLUSIONS THAT WILL TEST YOUR BRAIN

Watch later Share

What Do You See?

A Dog
Or
A Bird



O.I. President Tracy Huxley



**Is Your Club Prepared
for New Members?**

We Like To Prepare



It All Starts With What You Say



5 Little o's for 1 Big O



**OPPORTUNITY
OPPORTUNITY
OPPORTUNITY
OPPORTUNITY
OPPORTUNITY!**

Little o #1: Relationships



Little o #3: Hope



Little o #2: Impact

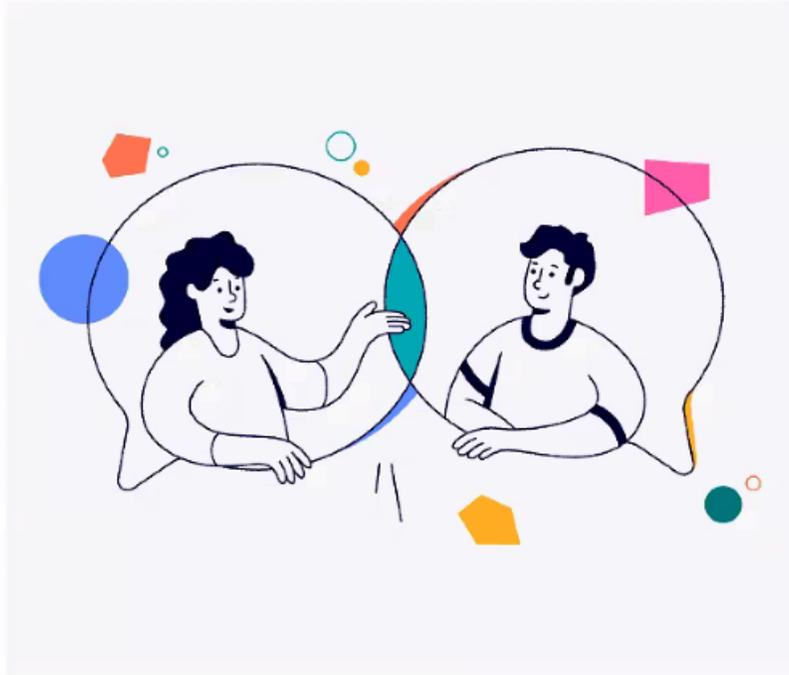


Little o #4: Purpose



Two way street! Ask for feedback

Little o #5: Communication



5 Little o's of Opportunity



Relationships
Impact
Hope
Purpose
Communication

IS YOUR CLUB PREPARED FOR NEW MEMBERS?

We owe it to them to be prepared

I've recently read this article from Harvard Business Review:
<https://hbr.org/2022/05/how-to-re-engage-a-dissatisfied-employee>



Some of her comments:

- Do you like what we do? We could always use more help.
- Your outlook on life is 100% up to you!
- Talk about solutions not problems
- Can't eat an elephant in one bite.
- Have hope and a positive attitude.
- Plug holes in the boat with the CARE survey program.



Michigan District State of the District February 3, 2024



By the Numbers



Oct. 1, 2023	Feb. 2, 2024
84 clubs 2,316 members	84 clubs 2,261 members

Oct. 1, 2023-Feb. 2, 2024
96 Members Added
151 Members deleted
YTD NET -55

Member Adds in January



1 member Mecosta, Bay City, Muskegon Heights, Shelby, Lansing, Southfield Lathrop-Village, Birmingham, Detroit Metro Riverfront, Roseville, Hartford, Grosse Pointe-Lakeshore	4 members St. Clair Shores
2 members Mt. Pleasant, Gratiot, Flint West, Always Motivated, Saginaw	8 members Clarkston Area Club

Congratulations to each of these clubs for bringing in new Optimists in January.

Program Updates



C.A.R.E

All members of the Executive Committee will ask that their clubs to participate in C.A.R.E. by the end of the March. As good as we are, how can we be better.

C.A.R.E facilitator training will take place in Quarter 2.

GROWTH

A new club is almost ready to charter in the Romeo area. Sean Mueller, Pam Barckholtz, Jeff Dennings and Linda Thompson are participating with 17 other leaders in a NEGL Regional project to develop a "new progressive club model".

Communications & Marketing Updates



Michigan Update: Looking for a member to coordinate the bi-weekly news publication (mailchimp). If interested contact communications@michiganoptimists.org

Website: The michiganoptimists.org website has a new look. Members will now be able to directly post articles.

Social Media: Follow us on Facebook and Instagram. Clubs and district leaders are encouraged submit posts and to like and share. Send to communications@michiganoptimists.org

Marketing

Looking for a few clubs who want to grow their membership through targeted marketing and who will develop a plan to follow up on leads.

Contact webmaster@michiganoptimists.org



To be eligible for Honor or Distinguished Club the President, Secretary, Treasurer, and Foundation Rep must complete the annual training by March 31. No exceptions. Remember to take all of the courses listed for your position and not just the position specific training course. If you need assistance with getting into *Optimist Institute* contact Leadership @michiganoptimists.org.



- | | |
|-------------|--|
| February 22 | Michigan Monday Fundraising for Small Clubs |
| March 18 | International Day of Happiness |
| March 18 | OI Foundation Club Grants for new projects DUE. |
| May 4 | Q4 Conference at WMU College of Aviation, Battle Creek |

Optimist International Convention

June 22-25

Niagara Falls, Ontario, Canada

Convention registration opening soon.

Hotel reservations for Sheraton Falls View open now.

Michigan District

Club News

FOR YOU



LEARN TO AUTHOR ARTICLES

Video prepared by Jeff Denning

Write a Title

Grab Attention

Be unique, but don't try to put all your information in the title. Just give a hint.

Include Key Components

Add the Year for Annual Events

Aim for Less Than 60 Characters

Relevance: visual representation

Visual Appeal: an image that engages

Image Quality: ensure landscape 1200x630px

Featured Image Thumbnail

Visually represent and attract attention to the content increasing its appeal and engagement.



Article Content The Details

Answer the What, Who, Where, When, How and Why of your topic.

750 Words or 5 Paragraphs

Hook the Reader in the First Sentence

First 120 Characters Display as Excerpt



Add Up To 3 Additional Pictures

Landscape Cropped at 960px Width

Portrait Cropped at 640px Height

Extra Pictures Below Article

Relevant and high-quality images can improve the overall quality and impact of an article.



Add a Flyer Attach a PDF

Most word processors will allow you to Save As then choose the pdf file format.

Visitors can download the file

Visitors can print the file

“Attachment” Button



an District Optimists | NEW | edit Page | enable visual builder

Register for Q2 Zoom Conference [click here]

Optimist INTERNATIONAL Michigan District | Friend of Youth

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“Choose Optimism”

Our Children.

Our Community.

Our Future.



What is an Optimist? Well, simply put, optimists rescue pessimists. Optimism enhances our health, the health of our communities, and the well-being of all. Through community service projects, optimists work to bring out the best in youth, in themselves and in their communities. They are organized into “clubs” that have gatherings. They make plans in order to meet the needs of their communities. Each club is responsible for its own...

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My Account

From Here You Can Manage Your Account Details and Memberships (if any)

- Account Details
- Orders
- Memberships
- Logout

Plan	Start	Expires	Status
News	January 10, 2024	N/A	Active
Oratorical	November 14, 2023	N/A	Active

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Article without Attachment Form

Title (Required)

West Flint Optimists and Flushing Rotary Join Forces for Sleep In Heavenly Peace

Article Category

- District News
- Club News
- International
- CCDHH
- CHW
- Essay
- Golf
- JOI
- Newsletters

Store

- District Essay Contest \$50.00
- District Oratorical Contest \$50.00
- District CCDHH Contest \$50.00

Recent News

- Optimists Exceller Art Competition B
- Creek 2024

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Paragraph

Every night, as children across the United States lay down to rest, some face a heart-wrenching reality – they don't have a bed to sleep in. It's a simple comfort that many of us take for granted, but for these children, it's a dream they have yet to realize. That's where the West Flint Optimist Club and the Flushing Rotary Club come into the picture, working together to make a difference in the lives of these youngsters. On Saturday, February 3, 2024, at 8:30 am, the two clubs will unite at Signs By Crannie, owned by West Flint Optimist Club member Dan Crannie, to build beds for the non-profit organization, Sleep In Heavenly Peace. This joint effort is not only a testament to the power of collaboration but also a shining example of what can be achieved when communities come together to #celebratecommunity.

West Flint Optimist Club: More Than Just an Optimist

The West Flint Optimist Club, a vibrant and community-oriented organization, has been serving the Flint area for decades. Their mission, as described on their website (westflintoptimists.org), is to "bring out the best in

P = STRONG

So, mark your calendars, and join us in celebrating this remarkable collaboration that embodies the spirit of #celebratecommunity. Together, we can make sure that no child in our town sleeps on the floor, and we can build a brighter, more compassionate future for all.

Additional Images

up to 3 additional photos (downscaled to max width 960px or height of 640px)

Drop files here or Select files



Submit

When everything is complete

This shows how you can add articles to the Mi Optimist Website

MICHIGAN DISTRICT NEWS

West Flint Optimists and Flushing Rotary Join Forces for Sleep In Heavenly Peace
Feb 1, 2024 | Club News

Every night, as children across the United States lay down to rest, some face a heart-wrenching...

[READ MORE](#)

DON'T MISS OUT!

PLAN TO ATTEND THE 4th Annual OPTIMIST EXCELLENCE IN ART COMPETITION (I-EE)

Awards Night: Friday, April 26, 2024
Time: Begins at 5:00 p.m.
Awards Presentation: 6:00 p.m.
Location: Lakeview Square Mall
Next to Barnes & Noble
5775 Bevilacqua Rd. Battle Creek

Optimists Excellence In Art Competition Battle Creek 2024
Jan 26, 2024 | Club News

4th Annual Event!

[READ MORE](#)

Q2 Conference - Mug Show n Tell Icebreaker
Jan 22, 2024 | District News

[READ MORE](#)



Join Us for the first Michigan Monday
of 2024!

MI Monday ZooMI
February 26th, 7pm-8:15pm

Fundraising Ideas for Small and Rural Clubs

Click below to join:

Zoom link: <https://us06web.zoom.us/j/85701428121>

Meeting ID: 857 0142 8121

The Optimist Creed

Promise Yourself

To be **SO STRONG** that nothing can disturb your peace of mind.

To talk health, happiness and prosperity
to every person you meet.

To let all your friends feel that there is something in them.

To look at the **sunny side** of everything
and make your optimism come true.

To think only of the best, to **work** only for the best and to
expect only the best.

To be just as enthusiastic about the **SUCCESS** of others
as you are about your own.

To forget the mistakes of the past and press on to the
GREATER ACHIEVEMENTS of the future.

To wear a cheerful countenance **AT ALL TIMES** and give
every living creature you meet a smile.

To spend so much time to the improvement of yourself that you have
NO TIME to criticize others.

To be too large for worry, too noble for anger, too strong for fear,
and **too happy** to permit the presence of trouble.

